



## CPSC Spring Skate 2012

The Carleton Place Skating Club is pleased to announce that we are once again hosting a Spring Skate at Carleton Place Arena programs being offered are as follows:

### **Intro to Starskate/Sr. Canskate**

This is a 4 week program that runs from April 10 to May 1, 2012 from 6:00 to 6:50 pm. The cost of the program is \$65. It is geared towards higher leveled Canskate participants looking to make the transition to Figure Skating. It will be 50 minutes of coached ice with no private lessons being offered at this time. We are hoping to introduce to all our club coaches with having a new coach teach the program every week.

The above program is subject to cancellation should there not be a sufficient number of registrations.

### **Starskate**

This is a 6 week program (12 session program) that runs from March 27<sup>th</sup> to May 2<sup>nd</sup>, 2012. The cost is \$235 all 12 sessions or there is a Flexible Dates Option for \$25 per session. Skaters can choose dates that accommodate their schedules. Dates need to be selected and prepaid at registration.

Guest Skating Fees are \$30 per session.

Low Test Day on Wednesday May 2, contact Connie Demers at [Test@cpskate.ca](mailto:Test@cpskate.ca).

The ice structure for Starskate Sessions is 20 Minutes of Dance/30 Minutes of Skills/60 Minutes Freeskate/10 Minutes of stroking. The order is subject to change. Private lessons are not permitted during stroking sessions.

### **Fun with Edges Clinic**

This clinic will consist of patterns and exercises for skaters to help attain edge control and quality. The clinic will be lead by Young-Soon Benoit on Thursday April 26<sup>th</sup> and available to Spring Starskate registrants at an additional cost of \$25 per skater, coaches attend free with a participating skater. This is approximately a 1 hour clinic with practice ice to follow.

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**Please place registration in Skater Developers' mail box in Arena 2 or mail to:  
Carleton Place Skating Club  
PO Box 91, Carleton Place, Ontario K7C 3P3**

**by March 18th, 2012**

**Any questions regarding the program please contact Kelly McNeely  
[mcneelys@rogers.com](mailto:mcneelys@rogers.com) or 613-253-3095**



## CPSC Spring Skate 2012

March					
Sat. /Sun.	Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27 Starskate 3:30-5:20	28 Starskate 3:30-5:20	29	30

April May					
Sat. /Sun.	Monday	Tuesday	Wednesday	Thursday	Friday
31/1	2 Starskate 5:00-6:50	3	4	5 Starskate 5:00-6:50	6
7/8	9 Starskate 5:00-6:50	10 Intro to Starskate (Sr. Canskate) 6:00-6:50	11 Starskate 5:00-6:50	12	13
14/15	16 Starskate 5:00-6:50	17 Intro to Starskate (Sr. Canskate) 6:00-6:50	18 Starskate 5:00-6:50	19	20
21/22	23 Starskate 5:00-6:50	24 Intro to Starskate (Sr. Canskate) 6:00-6:50	25 Starskate 5:00-6:50	26 <b>Starskate Edges Clinic 4:00-5:50 Cost \$25.00</b>	27
28/29	30 Starskate 5:00-6:50	1 Starskate 4:00-5:50  Intro to Starskate (Sr. Canskate) 6:00-6:50	2 <b>Low Test Day 4:00-6:50</b>	3	4

**Fun with Edges Clinic:** Cost is \$25 register with your Spring Skate Registration

**Test Day:** Please contact our Test Chair Connie Demers at [Test@cpskate.ca](mailto:Test@cpskate.ca).



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<b>Skater Name</b>	<b>Contact Name</b>	
<b>Mailing Address</b>	<b>Town</b>	
<b>Home Number</b>	<b>Cell:</b>	<b>Postal Code</b>
<b>E-mail</b>	<b>Skate Canada #</b>	
<b>DOB (mm/dd/yy)</b>	<b>Home Club</b>	
<b>Coaches name</b>	<b>Coaches Phone</b>	
<b>Coaches Email:</b>		
<b>Please indicate any medical information that CPSC should be made aware of:</b>		
<b>Please indicate last test passed:</b>	<b>Freeskate:</b>	<b>Skills:</b>
<b>Dance:</b>	<b>Canskate badge:</b>	

<b>Spring 2012 Programs (please circle)</b>		
<b>Starskate : Flexible Dates</b>	<b># _____ sessions x \$25 = \$ _____</b>	<b>(see attached schedule for dates)</b>
<b>Full 12 sessions:</b>	<b>\$235.00</b>	
<b>Edges Clinic</b>	<b>\$ 25.00</b>	
<b>Guest Skate Fee</b>	<b>\$ 30.00</b>	
<b>Intro to Starskate or Canskate 2:</b>	<b>\$ 65.00</b>	
<b>Skate Canada Fee :</b>	<b>\$ 35.00 ( where applicable )</b>	
<b>Total Due:</b>	<b>\$ _____</b>	<b>Cash      Chq</b>

**Supervision:**

Parents are to be reminded that your child(ren) must be supervised while skating at the rink. Parents are to arrange a designate if they are not in the arena. Coaches need to continue lessons on the ice and cannot leave the ice surface to attend to the needs of one skater.

**Waiver:**

I, the parent/guardian of the above named candidate for skating lessons, give my approval and assume all risks and hazards incidental to such participation. I do also waive, release and agree to hold harmless the organization, executive members, sponsors, supervisors, coaches and participants, for claims arising out of accidental injury. I give permission for a supervisor to take him/her to the nearest medical emergency unit for treatment if necessary.

**Waiver:**

I, the parent/guardian of the above named candidate for skating lessons, give my permission for the taking of the child's picture and for any pictures to be used in the local newspapers or posted on the CPSC website or posted on the Arena Bulletin Board or within the Display Case at the arena.

Signature of parent/guardian	Date:
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## CPSC Spring Skate 2012

**Skater Name:** \_\_\_\_\_

**Home Club:** \_\_\_\_\_

**Starskate: Flexible choice dates: # \_\_\_\_\_ sessions @ \$25 = \$ \_\_\_\_\_**

Dates available	Time	Please check
Tuesday March 27, 2012	3:30-5:20	
Wednesday March 28, 2012	3:30-5:20	
Monday April 2, 2012	5:00-6:50	
Thursday April 5, 2012	5:00-6:50	
Monday April 9, 2012	5:00-6:50	
Wednesday April 11, 2012	5:00-6:50	
Monday April 16, 2012	5:00-6:50	
Wednesday April 18, 2012	5:00-6:50	
Monday April 23, 2012	5:00-6:50	
Wednesday April 25, 2012	5:00-6:50	
Monday April 30, 2012	5:00-6:50	
Tuesday May 01, 2012	4:00-5:50	
<b>Total number of sessions</b>		