



Skater Code of Conduct/ Ice Etiquette Policy

Skating is a competitive and individualized sport which requires safe and courteous behavior from all participants, on and off the ice. It is the Coaches responsibility to teach and enforce upon their skaters the following rules of etiquette and safety noted below. Skaters need to be aware of one another and react predictably to ensure their own and others' safety. Each skater is responsible for being aware of and practicing the rules of etiquette and safety noted below.

All skaters registered for sessions at the Carleton Place Skating Club are expected to exhibit the following behaviors at all times while training at Carleton Place.

Senior skaters must act as role models at all times.

USE OF ICE

- Skaters are expected to be skating at all times while on the ice. They are expected to get up promptly after a fall in order to keep pathways clear for other skaters.
- When practicing routines, *skaters must learn to maneuver around other skaters*
- Coaches in Lessons should watch/yield for skaters that have their music playing.
- Calling out "Excuse me!" or "Heads up!" will alert other skaters to get out of the way.
- Spins should be done at the center of the ice
- Jumps (unless being performed in a skater's solo) should be done at the ends of the ice.
- Skaters should (when not doing spins) avoid the centre of the ice as this impedes on the other skaters' ability to perform their programs.
- Coaches should follow same practice in lesson
- Keep moving while on the ice, as it is dangerous for both you and other skaters to stand still during a session. It is important to not stop in the middle of the ice or any of the jumping corners
- The ice surface should be used for practice and not for conversation. Working in small groups with a coach's approval is acceptable.
- Foul language, eye rolling, slamming of objects, yelling, abusive or aggressive behavior; including kicking holes in the ice is prohibited and will result in loss of Club privileges.
- Skaters must clear the ice promptly at the end of each session.
- Skaters experiencing a problem with another skater's ice etiquette should approach their own coach or the others skaters coach. If the issue stills continue bring to the attention of an executive member
- ***ALWAYS BE RESPECTFUL TO OTHER SKATERS, VOLUNTEERS, COACHES, PARENTS, ARENA STAFF, and GUESTS.***

RIGHT OF WAY

1. In lesson with music.
2. In a lesson
3. Music Playing Not in a lesson(Solo).
4. In a harness

NOTE: It is recommended to wear a sash /Belt/vest to identify the skaters whose music is playing to the other skaters. Especially when in the infancy of your routines so other skaters get to know who's music is playing. Wearing the sash/belt/vest will create awareness for guest skaters too. Sash/vest/belt provided by club, it is up to skater to use for their benefit.

MUSIC

1. Coach first (It is an honour system that can be modified to better serve future ice attendance by the executive).
2. A Dry Erase marker will be provided for skaters to put their name in the cue on the glass by the ipod. Clean of your name when completed. Wipe glass at end of session

General Rink Behavior

Food, drink, and gum are not permitted on the ice. Water bottles are acceptable but must be left at the boards. Glass bottles are prohibited.

Due to insurance requirements, only registered Skate Canada members are permitted on the ice, except in a medical emergency.

Sitting on the boards is not permitted.

Spectators, including parents of skaters, may watch from the stands or seating area, but are requested to not stand by the boards. They must refrain from conversing with or offering direction to skaters on the ice. If a skater needs more direction, the coach should be consulted after the session and a plan developed to help the skater become more independent.

The doors along the rink must be kept closed while a session is in progress to ensure the safety of the skaters on the ice.

Please pick up all belongings (including dirty tissues, water cups, bottles, etc.) at the end of the session

Disciplinary Action will follow these steps:

1st offence: Verbal warning from skater's coach, parent informed of warning, if skater is under the age of majority. A copy of the Code of Conduct will be given to the skater to review again.

2nd Offence: Letter from President to the skater or skater's parent, if skater is under the age of majority.

3rd Offence: Suspension from all Club programs and events for 1 week. (This includes all competitions).

4th Offence: Skater will be asked to leave the Club.